

CORONAVIRUS / COVID-19 HAND WASHING INFORMATION

Washing hands for 20 seconds is central to preventing and slowing the spread of coronavirus.

**AS SOON AS POSSIBLE ON ARRIVAL AT THIS SITE PLEASE
WASH YOUR HANDS**

**IF YOU ARE A VISITOR TO THIS SITE YOUR HOST WILL DIRECT
YOU TO THE NEAREST HAND WASHING FACILITIES**

Please ensure you wash your hands frequently and as a minimum:

Before starting work

After using the toilet

After smoking or any break

After sneezing or blowing your nose

Before you prepare or eat food

After any hand to mouth contact

Follow the Public Health England Handwashing guidance.



Try not to touch your eyes,
nose and mouth with
unwashed hands



Do not share items that come
into contact with your mouth
such as cups & bottles



If unwell do not share
items such as phones,
keyboard, paper and pens



**CATCH
IT**



**BIN
IT**



**KILL
IT**