

COVID-19 Workplace LFD Testing – Test guidance

To enable a safe and speedy visit, please consider the following actions.

Pre-Arrival

1. You **must not** attend (or even be at work) if you have any COVID-19 symptoms
2. Please avoid eating or drinking for 30 minutes before the test
3. Bring your smart phone if you have one with you for the test
4. Do not arrive at the test station until your booked time
5. Face coverings must be worn in the test centre, except for when self-swabbing in the test booths

On arrival

6. Upon arrival check in with the team first at the registration desk
7. You will need to register your test with GOV.UK – full guidance will be provided at the test centre
8. You may also, optionally, register or log in to your NHS account to save time in the future

Process

9. Swabbing is self administered. Guidance is available and will be given at the test centre
10. After the test you can return to work and await your result

Results notification

11. Your result will be text and or emailed to you from the NHS with further guidance after about an hour
12. If your result is positive, you must **immediately** self-isolate and phone to report this to your manager & the COVID-19 HR team
13. If your result is inconclusive/void, please re-book a test with the test centre as soon as available
14. If your result is negative, no further action is required, but still obey the social distancing and face covering measures, remembering hands, face, space

If you have any other questions, please refer to our FAQs or talk to the test team at the time of booking